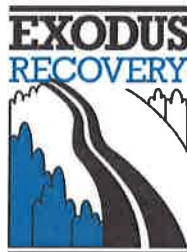


Exodus Recovery Mission Statement

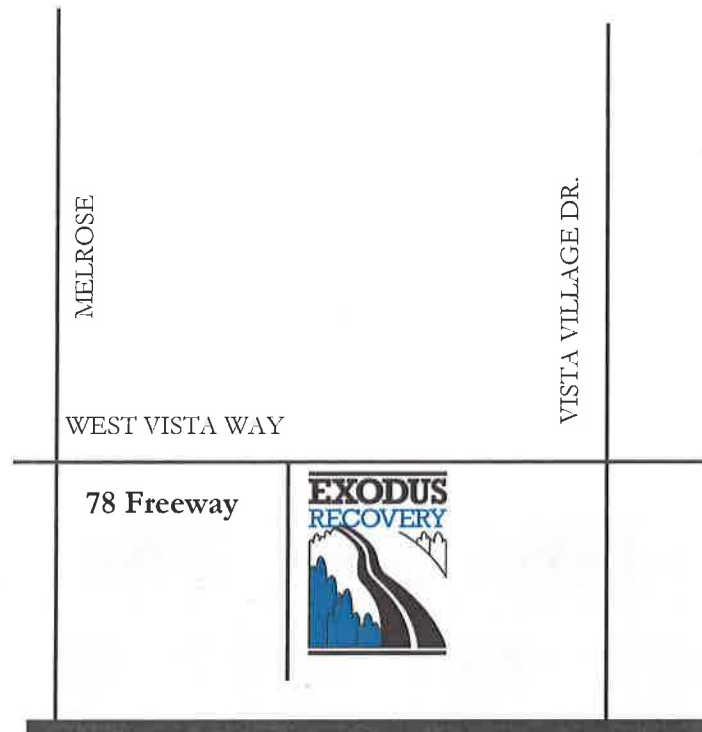
To bring the tools for the best possible quality of life to our clients.

Our concept of total health care incorporates the physical, emotional, and spiritual needs of each client.

Our programs strive to create an environment which promotes the dignity of all participating and to develop services maximizing clients' self-determination.



"...the pathway to freedom begins with you."



Vista CSU
524 W Vista Way
Vista, CA 92083
Phone: 760-305-4900
Fax: 760-305-4919

A County of San Diego Behavioral Health Services
Contracted Program

Exodus Recovery Crisis Stabilization Services

**Vista
Behavioral Health
Crisis Stabilization Unit**
524 West Vista Way
Vista, CA 92083
Phone: 760-305-4900
Fax: 760-305-4919



Referral Process

Phone intakes are encouraged, but not required, prior to arrival at the CSU. Please contact our Intake Department by calling our main line:

800-829-3923

Alternative Crisis Services

Services:

The Crisis Stabilization Units (CSU's) in San Diego County are welcoming environments where individuals in crisis can be assessed for stabilization services, medication evaluation and management, or hospitalization if necessary. The CSU's welcomes adults 18 years and older.

Depending on the needs of the client, our interdisciplinary treatment team is prepared to offer crisis intervention services, psychiatric evaluation, medication services, referral and linkage to appropriate level of continuing care, and community services.

The Crisis Stabilization Unit is Lanterman Petris Short (LPS) designated which allows our staff to evaluate and involuntarily detain those individuals determined to be a danger to themselves or others or gravely disabled.

Clients will receive comprehensive mental health services for up to 24 hours while enrolled at the CSU.



Services Offered:

- 24-hour psychiatric crisis center open 24 hours a day, 7 days a week, 365 days per year.
- A welcoming environment where the needs of the client are assessed and crisis intervention services provided.
- Comprehensive services:
 - Mental health assessment
 - Medication evaluation and management
 - Therapeutic interventions
 - Social services and referrals including a variety of discharge plans that range from home to hospital
- Services provided by an interdisciplinary team of Psychiatrists, Nurse Practitioners, Registered Nurses, Licensed Clinical Social Workers, Licensed Marriage Therapists, Mental Health Specialists and Peer Specialists.