

#### **Marine & Family Programs**

#### http://www.mccsep.com

# FAMILY READINESS BRANCH

## Marine Corps Family Team Building

Program Information: 725-9052

- Lifestyles Insights, Networking, Knowledge and Skills (LINKS): 725-2335
- Prevention & Relationship Enhancement Program (PREP): 725-9052
- Readiness & Deployment Support: 763-1337/7889
- LifeSkills: 763-7890
- Family Readiness Program Support: 725-6637
- Volunteer Coordinator: 725-3856
- Chaplains Religious Enrichment Development Operation (CREDO): (Bldg. 1344), 725-4954

## **FAMILY CARE BRANCH**

#### Children, Youth And Teen Programs Program Information: 725-6308

- Resource & Referral: 725-9723
- Family Child Care: 725-7631
- Child Development Centers (CDC):

  - Courteau CDC: 725-5113 Deluz CDC: 725-9907 San Onofre CDC: 725-7311 Stuart Mesa CDC: 725-9954
  - Browne CDC: 725-8405

#### **Hourly Child Care:**

- Fisher Children's Center: 725-0845
- Youth & Teen Centers:

  - Deluz: 725-5608 San Onofre: (760) 277-3167
  - Abby Reinke: 763-0653 Stuart Mesa: 725-9717
- School Age Care Sites:
  - San Luis Rey: 763-6907
  - Santa Margarita: 576-6354 Stuart Mesa: 274-3544
- **Exceptional Family Member Program:** 
  - Mainside Bldg. 13150: 725-5363 SOI Bldg. 520512: 763-0868

# FAMILY CARE BRANCH (continued)

- FOCUS Project:: 859-6079 (Bldg. 130193T)
- MAAC Project Head Start: 430-7065/471-4210

#### PERSONAL & PROFESSIONAL DEVELOPMENT BRANCH

#### **Education Program**

- Mainside Education Center & Tuition Assistance Information: 725-6660/6414 South Mesa Education Center (Bldg.
- 200090): 760-277-4673
- SOI Education Center (Bldg. 520512): 725-

#### Library Program

- Patrick Carney Library (Bldg. 1146): 725-5669
- South Mesa Branch Library (Bldg. 200090): 725-2032
- Seaside Square Branch Library (Bldg. 51093): 725-7325

#### Transition Readiness Program

Transition Readiness Seminar, Pre-Retirement Programs, and Officer Pre-Separation Program (Bldgs. 1101, 1339, 51919): 725-6324

#### Career & Personal Readiness Program

- . Marine & Family Career Centers:
  - Mainside (Bldgs. 1339 and 13150): 725-
- Family Member Employment Assistance Program (Bldg. 13150): 763-2091/725-4737
- Personal Financial Management Program (Bldg. 13150): 725-6098/6209
- · Information & Referral/Relocation Assistance/Retired Activities (Bldg 13150): 725-5704/6090

### BEHAVIORAL HEALTH BRANCH

- Family Advocacy Program (FAP) Counseling: (Bldg. 1122, walk-in, M-F: screening/referral: 1300-
  - 24/7 Domestic Violence Hotline: 760-500-2633
  - Information/Referral: 725-9051
  - FAP Counseling Domestic Violence (Bldg. 1122): 725-9051
  - Prevention & Education Service: 725-6636
  - New Parent Support Program: 725-3884 (Bldg. 13150)
  - FAP Counseling SOI: 763-6940 (Bldg. 520512)
- Substance Abuse Counseling Center:
  - Appointments: 725-5538 or 725-5539 (Bldg. 16105, Walk-in M-F 0730-1100)
  - Lead Counselor: 763-7982
  - Urinalysis Support: 725-6268
  - Prevention Section: 725-5330/9878
  - Drug Demand Reduction Coordinator: 725-1160/1162
- Sexual Assault Prevention & Response:
  - 24/7 Sexual Assault Hotline 760-500-1707
  - Sexual Assault Prevention & Response Program 725-7674 (Bldg. 13150)
- **Community Counseling Center:** 
  - By Appointment (Bldg 130193T), 763-3222 Mon-Fri: 0730-1700
  - By Appointment (Bldg 520512), 763-6940 Mon-Fri: 0830-1700
  - Walk-in, M-F: 1300-1500 (Both locations)

#### Programs For:

Single and Married Service Members Military Retirees and Spouses Reservists

Civilian Staff (space available basis)

#### Information & Referral:

East of the Mississippi 800-336-4663 Quantico

West of the Mississippi Camp Pendleton.....800-253-1624 Navy/Marine Corps Relief Society Bldg 1121: 725-5337 Bldg 520512: 725-7497

Armed Services YMCA Bldg 16144

American Red Cross Emergency Messages: (800) 951-5600

#### Director Marine & Family Programs Bldg. 13150



Information & Referral: (800) 253-1624 or 725-3400/6090

#### Behavioral Health Branch

Community Counseling Center Family Advocacy Program Counseling Sexual Assault Prevention & Response Substance Abuse Counseling Center

Family Advocacy General Program Counseling Counseling Domestic Violence • Partnership with for Marines, • Sailors, and

families

- Response New Parent Support Victim Advocacy Program
- Prevention & Education Classes &
- Sexual Assault Briefs/Training
- Victim Advocacy 24/7 Commanders Sexual Assault 24/7 Response
  - Commands Centralized Urinalysis

Drug and Alcohol

Services (Active

Drug and Alcohol

Education to

Counseling

Duty, Family

Retirees)

#### **Family Care Branch**

Children, Youth & Teen Programs Exceptional Family Member Program

- 5 full-time CDCs
- · 1 hourly drop-in children's center
- 100+ licensed Family Child Care Providers
- 3 School Age Care Sites
- Special Care Program
- · Part Day Program
- Resource and Referral
- 4 Youth & Teen Centers
- · MAAC Head Start Program
- FOCUS Project

#### Family Readiness Branch Marine Corps Family Team Building

- · Readiness & Deployment Support
- · Family Readiness Program Support
- L.I.N.K.S.
- PREP
- LifeSkills
- · Volunteer Coordinator
- CREDO

#### Personal & Professional **Development Branch**

Education, Libraries, Transition, and Career & Personal Readiness

- · Credits toward education
- Apprenticeship Program
- Academic Counseling
- DANTES/CLEP/DSST /SAT/ACT Testing
- Voluntary Education
- MASP & SMART
- · Tuition Assistance
- Libraries
- Bookmobile Military Testing

- · Career Services
- Financial Fitness
- · Relocation Assistance
- Retired Activities Transition Assistance
- Marine & Family Career
- Center
- Family Member Employment
- Dept. Of Veterans Affairs (760) 385-0416
- · Information & Referral

#### OTHER RESOURCES

Military OneSource 24 hours/day-7days/week (800) 342-9647

www.militaryonesource.com Military Severely Injured Joint Support Operations Center

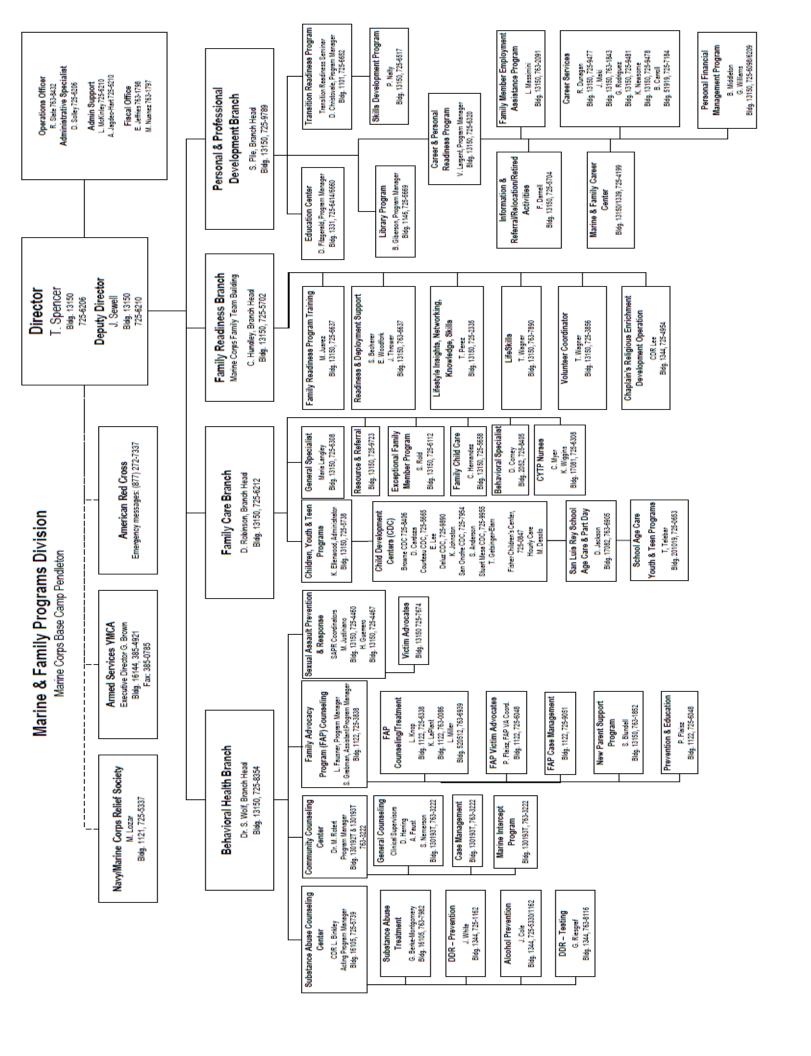
(888)-774-1361

Marine For Life (Camp Pendleton) (760) 575-4560 www.m4l.usmc.mil

Operation Homefront (866) 424-5210



DstressLine.com



# **Personal & Professional Development**

# Career & Personal Readiness

Personal & Professional Development – Career & Personal Readiness (PPD-C&PR) is located in bldg. 13150. PPD-C&PR serves as a partner for readiness to Unit Commanders in leading their unit personnel to success in all aspects of their military career and lifestyle. PPD-C&PR provides services, seminars, workshops, information, and guidance to service members and families. The goal is to support mission readiness, family readiness, transition readiness, and positively affect morale and increase retention.

PPD-C&PR provides a network of preventive services and referrals that enhance stability and success for individuals, military families, and commands.

Our highly trained staffs provide the following programs and services:

### **Hours of Operation**

#### Building 13150 (Mainside)

Hours: 0730-1700, Monday thru Friday. All services

av ailable.

Telephone: 725-6638

# Personal Financial Management Program

#### 725-6098/6209

Offers proactive personal finance education and counseling through one-on-one training, group classes, and unit training.

#### Focus of effort on:

Financial Education Consumer Awareness Credit Information Investments Partnership with:

Consumer Credit Counselors of San Diego and Imperials Counties

United Serviceman's Automobile Association (USAA) Command Financial Specialist Training (Trained as Unit Financial Counselors)

#### Information & Referral

#### 725-3400/385-3400

Website: http://www.mccscp.com

Information is Knowledge and Referral is Connection. The Information and Referral (I&R) program provides state of the art information and referral functions designed to meet the challenges of the mobile military lifestyle. Information is available for installation, community, and national resources. I&R will link you to available programs and services on the base or throughout surrounding communities. As the Western Regional Community Service Center, I&R will locate resources throughout the United States.

# Family Member Employment Assistance Program

#### 725-4737/763-2091

The Family Member Employment Assistance Program (FMEAP) offers a full range of career counseling and employ ment related services to assist spouses and dependents of military service members in identifying their unique skills and abilities to achieve their goals through employ ment, education, and volunteerism.

#### Services include:

- One-on-one employment coaching, goal setting, and identifying knowledge, skills, and abilities
- Résumé critique and techniques to enhance marketability and value to employers
- Referrals to additional services and networking techniques
- Career assessment; discovery of education, training, and employ ment options
- Job search assistance; career strategy development, current labor market trends
- Workshops: Career Strategies, Résumés, and Interviewing
- Credentialing and licensing information for local and national requirements

#### Special Events

Classes and events targeting spouses

Partnerships with local and national resources including: Military Spouse Employment Partnership (MSEP) Military Spouse Corporate Career Network (MSCCN) Career One Stop Centers
State of CA Employment Dev elopment Department

#### **Relocation Services**

#### 725-5704/3802

Our Relocation Specialists tap a variety of resources to assist service members and families with relocation or transition. Offered are:

International Cultural Group Plan Your Move Seminar Repatriation Sponsorship Training TMO Briefing Youth Sponsorship

# Career Services/Marine & Family Career Center

#### 725-4199

The Marine & Family Career Center promotes "Prepare today for tomorrow by using the six P's: Prior Proper Planning Prevents Poor Performance".

#### Professional Job Search Assistance:

#### Career Coaching:

Career Assessments and individual career coaching is available to (1) military spouses seeking employment and new career choices and (2) active-duty personnel planning for retirement or separation with more than six months to EAS.

#### Résumé Review:

Ex pert coaching is available to teach key words and occupational definitions that are necessary to put together a successful résumé.

#### Education Workshops:

Résumé Writing

Job Interview Techniques Federal Application Process

#### Career Resources:

Books

Videos

Handouts

Access to Job Banks

Access to Electronic Bulletins

Electronic Job Search

Electronic Résumé Posting

Electronic Federal Applications

Electronic Job Posting On/Off Base

#### Mock Interviews:

Aid in preparing you for a successful interview. View your tape from home and be more prepared.

#### Other Services:

Access to MCI Courses
Access VMET Documents
Access Joint Service Transcripts
Websites for Best Job Search Assistance
Establish Email Addresses for Job Search Purposes

#### **Retired Activities Office**

#### 725-3400/5704

The Office is a liaison between the retiree, installation staff, and other military agencies.

Volunteer opportunities exist to support in the following areas:

Annual Retiree Ex po Awards Assistance Casualty Assistance Information and Referral Surv ivor Benefit Information Volunteer Opportunities

# Education

#### **Education Center**

Education enhances the Quality of Life for Marines, Sailors, and their family members by providing a wide range of services to support their professional, intellectual, and recreational needs. Stimulate the lifelong learning process by effectively communicating what educational programs are offered and provide the requisite information, tools, and services to support the learning process. Lastly, integrate and blend services provided by Education, Library Services,

Mainside Education Center (EC)

725-6660

725-0606

Bldg. 1331

Office hours: Mon-Tue: 0700-1700. Wed: 0900-1700. Thu-Fri: 0700-1700

School of Infantry (SOI) office

Bldg. 520512

Office hours: Mon-Tue: 0730-1630, Wed: 1130-1630, Thu-Fri: 0730-1630

### **Tuition Assistance**

Service members are eligible to receive tuition assistance (TA) to help cover the tuition costs of their education. Students may receive up to \$4,500 per year for Marines and \$4,000 per year for Sailors who are enrolled in a degree or certificate program with a regionally or nationally accredited institution. Additional information on the program can be found on the EC website at mccsCP.com, click on Marine & Family Programs, then click on Joint Education Center.

### **Academic Advice**

Students using TA for the first time are required to complete a College 101 brief and provide proof of a GT score of 100 or higher in order to use TA. The brief is given twice a week at the EC, Wed at 1130 and Fri at 1130. Students may also schedule an appointment with an academic advisor to explore educational opportunities. Spouses who are interested in attending school are also welcome to come to the EC for advice on choosing a degree program that is right for them and an academic institution that will help them reach their goals.

# **Joint Service Transcript**

The Joint Service Transcript (JST), is sued by the American Council on Education (ACE) Registry Transcript. This document is an academically accepted record of military occupation training, which has been evaluated by ACE and aw arded a specific number and type of college credit. The JST has replaced the Sailor/Marine ACE Registry Transcript (SMART). The DD295, Application for Evaluation of Learning Experiences during military service, was replaced by SMART, but may still be used to document training and/or experience which is not contained in and cannot be added to the JST.

To access your JST, please go to the following website:

https://www.navycollege.navy.mil

#### **DANTES**

#### Defense Activity for Non-Traditional Education Support (DANTES)

A network of professional Education Service Specialists, Education Technicians, and Guidance Counselors located at 59 installations around the world. These professionals counsel and advise Navy and Marine Corps members on all matters related to academic programs, authorize tuition assistance, and administer all on-base education programs.

Pensacola

DSN 922-1818/1291 0700-1400 EST

#### DANTES External Degree Program:

Provides Marine & Navy personnel with degree completion opportunities not otherwise available

#### DANTES Distance Learning Program:

Provides a wide range of nontraditional education programs critical for service members who need alternatives to fulfill degree requirements when classroom courses are unay ailable or when work schedules or duty locations do not permit class attendance. DANTES provides undergraduate and graduate academic courses from nearly 100 institutions. Other courses are oriented toward a non-degree seeking or technically oriented student. Courses are available to personnel in all military services.

#### Test Information

The Tests of Adult Basic Education (TABE), which is required for all students using TA for the first time with a GT score of 99 or below is given every Wed at 1300 in bldg. 1331 and Fri at 1000 (please call to confirm). The TABE is also given at the SOI office on Tue at 1300. Call 725-0606 to make an appointment.

#### **Testing Services:**

Interest inventory/career assessments, GED, CLEP, DANTES, Excelsior College exams, SAT, ACT, proctored services for exams from other institutions, and professional certification ex ams. Military Classification Exams are also av ailable. Appointments are required for most exams.

These ex ams are offered FREE of charge to active-duty members. College credit awarded towards traditional college degree programs is dependent upon individual school policies. It is the student's responsibility to verify their institution will accept these credits.

### Colleges

#### Central Michigan University

Visit us on the web: http://www.cel.cmich.edu

Central Michigan University offers graduate degrees in the following Masters level programs:

- MA in Education
- MS in General Administration in Human Resource Management
- MS in Leadership
- MS in Information Systems Management

Office Hours: Mon-Thu: 0800-1630, Fri: 1000-1800 Telephone: (760) 725-0485 or (760) 385-0412

Fax: (760) 385-0414

#### Central Texas College

Visit our website at www.ctc-pendleton.com Central Tex as College is a two year college that offers the following Associate Degree Programs on the base:

- Business/Business Management
- Information Technology
- Law Enforcement/Criminal Justice
- General Studies/Liberal Arts/Social Sciences

Office Hours: Mon-Thu: 0800-1600 (1600-1700 by appointment only), Fri: 0800-1300 Telephone: (760) 725-6386 or (760) 385-4942 Fax: (760) 385-4942

#### **Embry-Riddle University**

Visit our website at <a href="http://www.erau.edu">http://www.erau.edu</a>

Embry-Riddle Aeronautical University offers the following wide variety of degree programs at MCAS Camp Pendleton:

- AA and BS in Professional Aeronautics
- AA and BS in Technical Management
- MS in Aeronautical Science
- MS in Management

Office Hours (Mainside bldg. 1331): Mon-Fri: 0900-1500

Telephone: (760) 385-0152

Office Hours (MCAS bldg. 2368): Mon-Fri: 0800-1700

Telephone: (760) 385-0152

#### **National University**

Visit our website at

http://www.nu.edu/locations/militarylocations/camppendleton

National University offers undergraduate and graduate programs. The following programs are offered at Camp Pendleton:

- **BA in General Studies**
- BS in Domestic Security Management
- Preliminary Teaching Credential
- MS in Homeland Security and Safety Engineering

Office Hours: Mon-Fri: 0800-1630 Telephone: (8000) 628-8648 ext. 1533 (760) 385-0152 or (760) 385-0347

Office Hours (MCAS bldg. 2368): Mon-Fri: 0800-1700

Telephone: (760) 385-0152

#### Park University

Visit our website at <a href="http://www.park.edu/camp">http://www.park.edu/camp</a>

Park University is a four year school and offers undergraduate degrees on base in the following study areas:

- Computer Science
  - Criminal Justice Administration
- Management degrees in the following specialized fields: Accounting, Computer Information Systems Management, Finance, Health Care, Human Resources, Logistics, Management, Marketing, and Social Media

Office Hours: Mon and Wed: 0800-1630, Tue and Thu: 0800-

1830, Fri: 0800-1500 Telephone: (760) 725-6858 Fax: (760) 385-0351

#### Palomar College

Visit our w ebsite at http://www.palomar.edu/camppendleton

Palomar College is a California Community College offering the following Associate Degree programs on the base:

- Administration of Justice/Law Enforcement
- **Business Mid-Management**
- General Business
- General Studies
- Liberal Arts/Sciences

Office Hours: Mon -Thu: 0800-1830, Fri: 0800-1400

Telephone: (760) 725-6626 Fax: (760) 385-0498

# Libraries

# Libraries

#### Patrick J Carney Library

Bldg. 1146 Camp Pendleton, CA 92055-5005

Hours: Mon-Thu: 0800-2000, Fri: 0800-1630,

Sat and Sun: 0900-1700

Phone/Fax Numbers

Library Administration 725-5104 Information/Reference 725-KNOW Bookmobile 763-4249 725-6569 Fax Catalog Services www.library.usmc-mccs.org

#### Seaside Square Library

Bldg. 51093

San Onofre MCX Complex Camp Pendleton, CA 92055-5005 Hours: Tue, Wed, Fri: 0900-1700, Sat, Sun, Mon, Thu: Closed

Phone/Fax Numbers

725-7325 Circulation Desk Fax 763-1360

#### South Mesa Library

Bldg. 200090

Wire Mountain and Ash Road Camp Pendleton, CA 92055-5005

Hours: Mon- Fri: 0900-1700, Sat-Sun: Closed

Phone/Fax Numbers

Circulation Desk 725-2032 725-2041 Fax

# Transition Readiness

# Transition Readiness Program

#### 725-6652

Transition Readiness Program (TRP)

Transition Readiness Seminar (5 days)

- Employ ment Pathway
- Entrepreneur Pathway
- Voc Tech Pathway
- Education Pathway

#### Medical Separation Program

Other related programs:

Pre-Retirement Seminars (24 months out) 25+ Retirement Seminars (24 months out)

Officers Under Twenty (OUT)

Provide individual career assessments to help identify career ontions

 $Provide\ assistance\ with\ development\ of\ individual\ transition$ 

plans. 725-6635/763-1845

Brig Transition Brief

#### Seaside Square Library

Bldg. 51093

San Onofre MCX Complex Camp Pendleton, CA 92055-5005

Hours: Tue, Wed, Fri: 0900-1700, Sat, Sun, Mon, Thu: Closed

#### Phone/Fax Numbers

Circulation Desk 725-7325 Fax 763-1360

#### South Mesa Library

Bldg. 200090

Wire Mountain and Ash Road Camp Pendleton, CA 92055-5005

Hours: Mon- Fri: 0900-1700, Sat-Sun: Closed

#### Phone/Fax Numbers

Circulation Desk 725-2032 Fax 725-2041

## **Veterans Services**

#### Veterans Affairs (VA) Benefits Counseling

- VA Benefits Counselors on-site to counselservice members on VA benefits and entitlements
- Assists with filing for pre-discharge disability claims.
- Discuss Educational Benefits
- Discuss medical concerns, which may lead to filing a VA claim (rev iews medical records).
- Discuss home loan program

#### Phone: 385-0416

#### Veterans of Foreign War (VFW)

- Medical record review
- Veterans support assistance

#### Phone: 619-209-9575

#### Disabled American Veterans (DAV)

- Medical record review
- Veterans support assistance

Phone: 725-9428

# **Family Readiness**

# Marine Corps Family Team Building

### LifeSkills

Bldg. 13150

763-7890

Emphasizing relationship building, communication skills, or personal growth; every workshop offers an open and highly interactive atmosphere, where participants are in the driver's seat. Classes are geared toward every demographic, catering to those who are single, married, or anywhere in between. With curriculum designed by best-selling authors and highly acclaimed personal development groups, these workshops cangenerate results that impact every aspect of a participant's life.

"Promoting personal development for the well-being of Marines, Sailors, and their families"

#### L.I.N.K.S.

Bldg. 13150

725-2335

Lifesty le, Insights, Networking, Knowledge, and Skills (L.I.N.K.S.). Providing fun and engaging workshops that equip participants with the knowledge and tools they will need to navigate the military lifestyle is the ultimate goal of the L.I.N.K.S. program. Offering five different sessions to meet the needs of each audience is the key to L.I.N.K.S. success. Whether attending a session for Marines, Spouses/Significant Others, Parents/Extended Family Members, Teens, or Kids, ev eryone walks away empowered, informed, and connected to the Camp Pendleton community.

"Redefining life through community"

# Readiness & Deployment Support

Bldg. 13150

763-1337/7889

Providing a variety of full spectrum deployment support workshops by delivering mobile readiness education to all ages. Designed specifically for Marines, Sailors, and their families regardless of the current deployment cycle phase. Each class enhances the awareness of relevant readiness issues, while offering individuals creative ideas to build a healthy family.

" Providing each family with the tools necessary to build resiliency within the military lifestyle"

# Family Readiness Program

Bldg. 13150

725-6637

Centered primarily on the formal training required for the Unit, Personal, and Family Readiness Program, classes are available for family members interested in becoming more involved in their unit's program as a volunteer, and for active-duty members serving in a supporting role of their unit's program.

" Strengthening unit communities through family readiness education"

#### **PREP**

Bldg. 13150

25-9052

Prevention and Relationship Enhancement Program is a research-based approach for couples (premarital or marital) that focuses on teamwork, conflict management, commitment, and friendship.

"Building relationships through communication"

#### **CREDO**

Bldg. 13150

725-4954

Chaplain's Religious Enrichment Development Operation offers married couples, individuals, and teens retreats set in scenic environments into relationships with God, marriage, family, and personal growth.

" Building confident military families"

### Volunteer Coordinator

Bldg. 13150

725-3856

The Volunteer Coordinator, Camp Pendleton provides volunteer opportunities to active-duty personnel, their families, retirees, and civilians that enhance the on-base community.

#### Volunteer Support

Our Volunteer Coordinator provides linkage to installation and community volunteer resources through multiple programs.

#### Volunteer Opportunities

Volunteer candidates are able to choose opportunities that match their interests and abilities. Requirements vary. Opportunities are available to spouses, youth, military members, units, and military retirees.

# **Family Care**

# Children, Youth and Teen Program/Exceptional Family Member Program

The Children, Youth & Teen Programs (CYTP) assist activeduty and DoD civilian personnel in balancing the competing demands of family life and accomplishing their mission, while improving the economic viability of the family unit.

Administrative Office 725-6308

#### Resource & Referral

The Child Care Resource and Referral Officer is staffed by knowledgeable professionals who canhelp parents: locate and select out-of-home infant, pre-school, and school-age childcare services on and off the installation. Find services for children, including those with special needs, locate and select youth services on the installation. Locate hourly emergency child care. Obtain trained teenage sitters for occasional hourly child care. Access parenting videos and written materials. Obtain information on super sitter training. Bldg. 13150

### School Age Care

School Age Care (SAC) is available for children enrolled in elementary school. These planned and supervised programs are provided in Child Development Centers, Family Child Care homes, and the elementary schools aboard the installation. All SAC programs comply with DoD standards for staff qualifications, program quality, safety, sanitation, and nutrition.

Resource & Referral Office Bldg. 13150

725-9723

### On-Site Child Care

Occasional hourly childcare services may be provided on site when parents are attending a base or unit function. There are two options for hourly on-site care. The first is Child Care in a Unit Setting (CCUS), which allows a base organization to provide child care during a meeting or function. Under the CCUS concept, personnel from the sponsoring activity provide the child care. The other option is Short-Term Alternative Child Care (STACC), which differs in that employ ees of CYTP provide on-site care. When utilizing either of these options, parents are on-site, retain custody of their children, and are available in an emergency.

Resource & Referral Office Bldg. 13150

725-9723

# Child Development Centers

Camp Pendleton has five full day Child Development Centers (CDC) and one hourly Childcare Center. Care is provided for children 6 weeks to 12 years of age. These programs are all

nationally accredited. All CDCs comply with DoD standards for staff qualifications, program quality, safety, sanitation, and nutrition. CDCs offer a variety of planned group and individual activities tailored to children's developmental needs.

Browne CDC Bldg. 2052	725-8405
Courteau CDC Bldg. 15061	725-5113
Fisher Children's Center Bldg. 160101	725-0845
Stuart Mesa CDC Bldg. 310006	725-9954
Deluz CDC Bldg. 120111	725-9907
San Luis Rey School Age Care Bldg. 17082	725-6907
San Onofre CDC Bldg. 51080	725-7311

# **Family Child Care**

The Family Child Care (FCC) Program offers an alternative b center-based care. The providers are trained and certified by FCC. They are qualified to offer child care in their homes aboard the installation.

FCC providers offer a variety of planned group and individual activities tailored to children's developmental needs.

FCC also provides employment opportunities for spouses living aboard the installation. Individuals can be trained and certified to become FCC providers. Providers are in great demand and can earn up to \$1200 per month while providing a service to the community.

Learn how to become a FCC provider. FCC Office: Bldg. 13150, Rm. 111

725-7631

# **Hourly Care**

For information on hourly care and other services provided through CYTP, please call Resource & Referral at 725-9723.

# **Hourly Care**

The Youth Program operates four Youth Centers located in the Deluz, Wire Mountain, Stuart Mesa, and San Onofre housing areas. The Youth Centers offer a variety of planned group and individual activities for youth between 11 and 18 year of age (in school). Programs offered include teen leadership opportunities, field trips, camps during school breaks, and dances.

Deluz Youth Center 725-5608 Bldg. 14519T Abby Reinke Youth Center 725-0653 Bldg. 201019

Stuart Mesa Youth Center 725-9717

Bldg. 310001

San Onofre Youth Center (949) 498-9166

Bldg. 310006

# Exceptional Family Member Program

The Ex ceptional Family Member Program (EFMP) assists families in managing the dual demands of a Marine Corps career and the special needs of a family member. An Ex ceptional Family Member (EFM) is a family member, enrolled in DEERS and residing with their sponsor who may require special medical or educational services based upon a diagnosed physical, intellectual, or emotional need.

HQMC EFMP screens proposed accompanied orders for enrolled Marines to ensure that the special needs identified in a families EFMP enrollment form (DD2792) can be met at the proposed duty location.

If sufficient care is not available, EFMP will work to ensure a duty location where both career progression needs and EFM needs are met.

Contact Info 763-0868/725-5363

### School Liaison Program

The mission of the School Liaison Officer (SLO) aboard Camp Pendleton is to coordinate education support services to max imize opportunities for academic success for transitioning military children/youth. The School Liaison (SL) fosters and promotes quality education for military children by working directly with the command, families, school districts and local communities, and by providing referral services to family support agencies aboard the installation and in the local community.

SLO 763-7385/725-7386

#### **FOCUS**

Families OverComing Under Stress (FOCUS) at Camp Pendleton provides family resiliency training for active-duty personnel and family members and teaches specific skills related to family and couple communication, emotional regulation, problem solving, and goal setting to promote strong military families. Consultations, educational workshops, and skill building groups are available.

FOCUS

Bldg. 13019T

(760) 859-6079

# **Behavioral Health**

## Behavioral Health Overview

Behavioral Health Branch of Marine & Family Programs, MCB Camp Pendleton Behavioral Health Branch Head

760.725.8354

The Behavioral Health Branch at Camp Pendleton is comprised of five programs to enhance the quality of life for our Marines, Sailors and families.

- The Family Advocacy Program (FAP) provides prevention, intervention, treatment, and education for service members and families impacted by abuse or at-risk for abuse.
- The New Parent Support Program (NPSP) provides prevention, education, and in-home visitation in support of military families who are expecting, have young children or have an age range
  of children that meets qualifications. Single parent families with unique needs are also served.
- The Substance Abuse Courseling Center (SACC) provides prevention, intervention, treatment for alcohol and substance use affecting service members and families. SACC also provides support for Commands testing for alcohol and other substance use.
- The Community Counseling Center (CCC) offers counseling treatment for individuals, couples, children, teens, and adults and also provides evidence-based groups to support service
  members and families. The CCC provides case management support for service members at-risk for suicide within the Marine Intercept Program (MIP) and other individuals needing
  assistance beyond traditional counseling appointments.
- The Sex ual Assault Prevention & Response (SAPR) program provides 24/7 support for victims of sexual assault. Two (2) installation Sexual Assault Response Coordinators (SARCs) provider oversight of civilian victim advocates and work closely with uniformed victim advocates to provide prevention, intervention, and education to individuals and military Commands.

# Community Counseling Center

The Community Counseling Center (CCC) offers free individual, couples, and family counseling to service members and their families aboard the installation. In addition, clinicians are trained in other specialty areas such as child and teen counseling within the military lifestyle. The CCC also offers evidence based programs such as anger management. CCC Case Management services link individuals and families to other Marine & Family Programs services such as Personal Financial Management, New Parent Support Program, and Transition Assistance. CCC counselors partner with clients to listen to their concerns and coordinate the care and services that meet their needs.

The CCC main location is open Monday through Friday from 0730 to 1700 and by appointment for evering sessions. It is located at the corner of Rattlesnake Canyon and A Street, bldg. 130193T. Phone/Fax: 763-3222

The CCC Northern Office is open Monday through Friday from 0730 to 1700 in bldg. 520512, near the School of Infantry. Phone: 763-6940.

# Family Advocacy Program

The Family Advocacy Program (FAP) provides a variety of services designed to support our Marines, Sailors, and their families with personal and family concerns. Services include: counseling for individuals and/or families involved with family violence. Groups are available by referral and are designed to assist individuals and to help individuals identify stress, the cause and effect of anger, and develop new ways to communicate in their personal and professional relationships.

FAP is open Monday through Friday from 0730-1700 and is located at 1122 E Street, Camp Pendleton, CA. Phone: 725-9051; Fax: 725-0312. Family Advocacy Victim Advocates provide direct services to victims of domestic violence and are available 24/7 at 760-500-2633.

FAP Northern Office is open Monday through Friday from 0730 through 1700, and is located at bldg. 520512 near the School of Infantry. Phone: 763-6940.

# New Parent Support Program

The New Parent Support Program (NPSP) at Camp Pendleton is an intensive prevention and outreach program that offers in-home visits, parenting education classes, information and referrals for active-duty personnel and family members who are either expecting a child or have children under the age of six. The NPSP is a professional team of clinical social workers, marriage and family therapists, and registered nurses who are experienced in breastfeeding support newborn care, maternal and paternal mental health, infant/child development, parent education, as well as, the unique challenges faced by military families.

Through a variety of programs, the NPSP can help families adjust to having a new baby, cope with stress, isolation, pre- and post- deployment, reunification, and the everyday demands of parenting in the military.

The NPSP is open from 0730 to 1600 and is located in bldg. 13150. Phone: 725-3884.

# Sexual Assault Prevention & Response

The sexual Assault Prevention and Response (SAPR) program is led by two Installation Sexual Assault Response Coordinators (SARCs) and a team of experienced victim advocates. This SAPR team provides 24/7 sexual assault crisis intervention for all service members, spouses, and adult dependents. The SAPR team provides advocacy and accompaniment during medical procedures, law enforcement interviews, and judicial proceedings. Installation SARCs provide credentialed 40 hour training to all newly appointed SAPR Victim Advocates and Command SARCs.

SAPR office provides 24/7 operation of the installation's Sexual Assault helpline 760-500-1707 and online at <a href="https://www.mccscp.com/sapr">www.mccscp.com/sapr</a>. Installation SAPR VA office: 725-7674.

Installation SARC office is open from 0730 to 1600. Phone: 725-4460/4467.

# Substance Abuse Counseling Center

The Substance Abuse Courseling Center (SACC) primarily provides active-duty military personnel with alcohol and drug screenings, assessments, referrals, and outpatient treatment. There is open access for services at the SACC. Screenings are provided every morning between the hours of 0730 and 1100. Active-duty service members and family members (age 18 and older) are welcome. Outpatient (OP) Treatment is offered for individuals who have a substance abuse disorder of mild severity and meet the criteria for services. Intensive Outpatient (IOP) Treatment is designed for service members who have a substance abuse disorder of moderate severity and meet the placement criteria for such treatment. Continuing Care is also offered at the SACC.

The SACC can facilitate placement in residential treatment for patients who have a substance abuse disorder of significant severity and meet the placement criteria. For individuals, deemed by the Licensed Independent Practitioner (LIP), to require residential treatment, the SACC will coordinate placement with Navy Medicine Substance Abuse Rehabilitation Program (SARP). Transportation will be provided by the service members military command. Following completion of the residential treatment program, aftercare will be provided to the service member.

The SACC Prevention/Education programs offer awareness training to units or commands on drugs and alcohol. For more information on outreach training, please contact 725-5330/9878.

The SACC is open from 0730 to 1600, Monday through Friday and is located at bldg. 16105, Camp Pendleton, CA 92055. Please contact 725-5538/5539.