Utah County Resources

http://utahcountycommunityresources.org/

Crisis Hotline

National Suicide Prevention Lifeline (800) 273-8255

Hospitals, Abuse and Neglect, Eating Disorders, Homelessness, Marriage/Family relationships, Medical, Medication/Prescription, Mental Healthy, Parenting, Personal development, Self Sufficiency, Substance Abuse, Suicide Prevention, Support Group, Bereavement

***These services can be found at the website listed above. ***

BYU Comprehensive Clinic

Therapy sessions for individuals, families, children and couples
801-422-7759
http://cc.byu.edu/

Family Support and Treatment Center

Therapy for children and adults who have been victims of abuse or other traumatic experiences
801-229-1181
http://utahvalleyfamilysupport.org/index.shtml

Institute for Cognitive Therapy

Provides outpatient treatment for mental health, substance abuse, or domestic issues.
801-802-8608
http://www.icctutah.com/index/htm

Mountainlands Community Health

Works with other partners to assure high quality health care for everyone in our community; mental health services available through referral.
801-374-9660
http://mountainlands.org

Community Resources

These are some of the community resources available in the area. This is not a comprehensive list of all resources in the community- nor are these the only resources available. Summit Academy provides this list as a courtesy not as a recommendation.

*** If you know of additional resources in the community, please let us know and we will look into adding them to the resource list.

SUMMIT ACADEMY

Adolescent Depression Treatment | Youth Care

Youth Care provides residential treatment for children and adolescents ages 11 to 18 in an intimate, homelike environment. During a stay at Youth Care, residents receive intensive counseling and education through an accredited academic program. Residents also participate in a comprehensive recreational therapy program designed to help them have successful experiences through physical, cultural and social accomplishments.

12595 S Minuteman Dr.
Draper, Utah 84020
(844)382-8818

CARMEN B. PINGREE AUTISM CENTER OF LEARNING

Highly regarded on state, national and international levels, the Carmen B. Pingree Autism Center of Learning provides state-of-the-art intervention for children and adolescents with autism from preschool to twelfth grade. This includes the integration of children into "standard" classes. Through a contract with the University of Utah, the program is actively involved in research projects to improve and understand the treatment of autism and has received national recognition for its work.

Salt Lake City: 888-949-4864
Summit: 435-649-8347
Tooele: 435-843-3520

Center for Change

Center for Change is a place of hope and healing that is committed to helping adult women and adolescent girls break free and fully recover from their eating disorders.

1790 N State Street
Orem, Utah 84057
(888) 840-8329

Copper Hills Youth Center

Copper Hills Youth Center is a therapeutic residential treatment center that specializes in working with adolescents aged 12 through 17 with behavioral, emotional, and mental health disorders. We also provide excellent education

5899 WEST RIVENDELL DRIVE
WEST JORDAN, UT 84081
PHONE: (800) 776-7116
FAX: (801) 214-2931

Salt Lake Country Community Resources A-Z index

http://slco.org/az.aspx

Behavioral Health Services

Substance Abuse/Prevention Services
2001 South State Street S2-300
Salt Lake City, UT 84190-3050
385 468-4707
Hours: 8:00 am - 5:00 pm
http://slco.org/behavioral-health/community/prevention-services/

Youth Services

Substance Abuse/Shelter Care/ Neglect/ Counseling
177 West Price Avenue (3610 S)
Salt Lake City, UT 84115
Phone: 385-468-4500
http://slco.org/youth/programs/substance-abuse/

Health

http://slco.org/slcohealth/SERVICES/clinicalSvsWomensChildrensHealth/

Treatment Services/ Substance abuse

http://slco.org/criminalJustice/Treatment/TreatmentServices.html

Health Department

Call 385-468-7468 to schedule an immunization appointment
Call 385-468-4111 to schedule a TRAVEL immunization.
Ellis R. Shipp
(385)468-3700
4535 South 5600 West
West Valley City, UT 84120
http://slco.org/slcohealth/html/clinicLocations.html

*More services found at the website at the top of this column.

The following facilities specialize in treating school disruption:

Acute Children's Extended Services – 195 West 7200 South, Midvale, UT 84047 – # 888-949-4864
Adolescent Substance Abuse Program – 1141 East 3900 South, Suite A220, Salt Lake City, UT 84124 – # 888-949-4864
Assertive Outreach – 1020 South Main Street, Suite 200, Salt Lake City, UT 84101 – # 888-949-4864
Children's Outpatient Services East – 1141 East 3900 South, Suite A170, Salt Lake City, UT 84124 – # 888-949-4864
Children's Outpatient Services West – 3809 West 6200 South, Salt Lake City, UT 84129 – # 888-949-4864
Dialectical Behavior Therapy – 1141 East 3900 South, Suite A160, Salt Lake City, UT 84124 – # 888-949-4864
iWrap – 1141 East 3900 South, Suite A170, Salt Lake City, UT 84124 – # 888-949-4864
North Valley Outpatient Clinic – 1020 South Main Street, Suite 200, Salt Lake City, UT 84101 – # 888-949-4864
Summit Outpatient Clinic – 1753 Sidewinder, Park City, UT 84060 – # 888-949-4864
Tooele Outpatient Children's Clinic – 27 South Main Street, Tooele, UT 84074 – # 888-949-4864
Tooele Outpatient Clinic – 100 South 1000 West, Tooele, UT 84074 – # 888-949-4864
West Valley Outpatient Clinic – 2948 S Redwood Road West Valley City, UT 84119 – # 888-949-4864

Bryant Middle School – 40 South 800 East, Salt Lake City, UT, 84102 – # 801-270-6507
Beacon Heights Elementary – 1850 South 2500 East, Salt Lake City, UT, 84108 – # 801-270-6507
Robert Frost Elementary – 3444 West 4400 South, West Valley City, UT, 84119 – # 801-270-6507

James Mason Academy

Your childs symptoms are the result of core issues that are triggering behaviors. We not only get to the core of what is causing the behaviors but we teach valuable coping skills, communication, and self-discovery that enables your child to experience their life in a completely different way. Kids get well and families heal.
Depression, Anxiety, Trauma, Self-Harm, Suicide Ideation, Mild Psychosis, High Functioning Autism, Disordered Eating (pre-eating disorder), Conduct and Behavior Disorders (non-predatorial), Addiction (Substance, gaming, porn, etc.), PTSD, Bipolar Disorder, ADHD, Oppositional Defiant Disorder, Borderline Traits

986 W. Atherton Dr.
Suite 270
Salt Lake City, UT 84123
Phone: 801-693-1192
Email: info@jmcrecovery.com

Kidstar Day Treatment Program University of Utah

Kidstar is a daily treatment program for children 5–12 years of age that assists in clarifying the diagnosis of children with emotional and behavioral challenges. The treatment team includes board certified child/adolescent psychiatrists, psychologists, social workers, expressive therapists, and an education specialist. Together they create an individualized treatment plan for each child. Ages 5–12

801-587-3224

New Beginnings Behavioral Treatment

The philosophy of New Beginnings is a multifaceted and collaborative approach based on Cognitive Behavior Therapy. Using true client centered methods, interventions and treatments are tailored to focus on patterns of thinking that are maladaptive and the beliefs that undermine such thinking. Our treatment process is two fold: (1) helping our clients make true internal change through exploring and healing emotional scars, while (2) helping our clients extinguish and replace overt behaviors through external modification, resulting in the overall corrective emotional experience.

5500 Bagley Park Road, Building J
West Jordan, Utah 84081
Call Mr. Cedric Pittman
(801) 754-4155

Primary Children's Wasatch Canyons Behavioral Health

Our Wasatch Canyons inpatient psychiatric unit is located about 20 minutes southwest of our main hospital. This 20 bed unit provides 24 hour care for children and adolescents ages 5-18 with depression, anxiety, bipolar, anger management, and other psychiatric and behavioral issues.

5770 S 1500 W
Salt Lake City, UT 84123
801-313-7770

Star Guides Wilderness

STAR Guides is an outdoor therapeutic program designed for youth and young adults who are struggling with problematic sexual behavior. STAR Guides provides families with navigation through these challenges.
Star Guides Wilderness
Pleasant Grove, Utah 84062

Call Dr. Daniel Sanderson
(866) 369-8591

West Ridge Academy

West Ridge Academy, formerly the Utah Boys Ranch, began in 1964. Located in West Jordan, Utah, our organization quickly became recognized for the positive effects its program had on young men and young women who were struggling academically, emotionally, and socially.

5500 W Bagley Park
West Jordan, Utah 84081
(801) 669-9115

VALLEY BEHAVIORAL HEALTH- DAY TREATMENT

Salt Lake City: 888-949-4864
Summit: 435-649-8347
Tooele: 435-843-3520

ACES (Acute Children's Extended Services)
ACES is an after school treatment service for children ages 5-12 with severe emotional and behavioral problems. We teach social and crisis management skills through recreational and community activities as well as home and school behavioral monitoring.

ARTEC (Adolescent Residential Treatment and Education Centers)
These centers provide a structured day treatment environment for adolescents requiring additional support to become successful in the community. ARTEC focuses on skills development, providing individual, family and group treatment.

DBT (Dialectical Behavior Therapy)
DBT day treatment is provided for a total of 16 adolescents ages 12-17 in the custody of the Department of Children and Family Services (DCFS), the Division of Juvenile Justice Services (DJJS) or in parental custody. Children who are admitted may exhibit intense and unstable interpersonal relationships, frantic efforts to avoid real or imagined abandonment, impulsivity that is potentially self-damaging, recurrent suicidal or para-suicidal behavior, affective instability, chronic feelings of emptiness, inappropriate intense or uncontrollable anger and transient stress-related paranoid ideation or severe dissociative symptoms.

KIDS (Kids Intensive Day Services)
KIDS is a short-term, intensive day program for youth ages 5-17, with serious behavioral and emotional challenges, with a focus on keeping children in their families' community. Our goal is to prevent more restrictive mental health placements and/or help youth step down from more restrictive settings.

CBTU (Children's Behavior Therapy Unit) – School Based Services
CBTU provides community-based, mental health day treatment programs in partnership with local school districts. Programs are offered in both Salt Lake and Granite School Districts and are for children and youth requiring highly structured therapeutic academic settings.

Recursos del condado de Utah

http://utahcountycommunityresources.org/

Línea de vida nacional para la prevención del suicidio (800) 273-8255

Hospitales, abuso y negligencia, trastornos alimentarios, falta de vivienda, matrimonio/relaciones familiares, atención médica, medicamentos/recetas, salud mental, crianza de los hijos, desarrollo personal, autosuficiencia, abuso de sustancias, prevención del suicidio, grupo de apoyo, duelo

***Estos servicios se pueden encontrar en el sitio web mencionado anteriormente. ***

Clínica Integral de BYU

Sesiones de terapia para individuos, familias, niños y parejas.
801-422-7759
http://cc.byu.edu/

Centro de tratamiento y apoyo familiar

Terapia para niños y adultos que han sido víctimas de abuso u otras experiencias traumáticas.
801-229-1181
http://utahvalleyfamilysupport.org/index.shtml

Instituto de Terapia Cognitiva

Proporciona tratamiento ambulatorio para problemas de salud mental, abuso de sustancias o problemas domésticos.
801-802-8608
http://www.icctutah.com/index/htm

Salud comunitaria de las tierras montañosas

Trabaja con otros socios para garantizar atención médica de alta calidad para todos en nuestra comunidad; Servicios de salud mental disponibles a través de referencia.
801-374-9660
http://mountainlands.org

Recursos de la Comunidad

Estos son algunos de los recursos comunitarios disponibles en la zona. Esta no es una lista completa de todos los recursos de la comunidad, ni tampoco son los únicos recursos disponibles. Summit Academy proporciona esta lista como cortesía, no como recomendación.

*** Si conoce recursos adicionales en la comunidad, háganoslo saber y consideraremos agregarlos a la lista de recursos.

SUMMIT ACADEMY

Tratamiento de la depresión adolescente | Atención Juvenil
Youth Care brinda tratamiento residencial para niños y adolescentes de 11 a 18 años en un ambiente íntimo y hogareño. Durante una estancia en Youth Care, los residentes reciben asesoramiento y educación intensivos a través de un programa académico acreditado. Los residentes también participan en un programa integral de terapia recreativa diseñado para ayudarlos a tener experiencias exitosas a través de logros físicos, culturales y sociales.
12595 S Minuteman Dr.
Draper, Utah 84020
(844)382-8818

CARMEN B. PINGREE CENTRO DE APRENDIZAJE DE AUTISMO
Muy respetado a nivel estatal, nacional e internacional, el Centro de Aprendizaje sobre Autismo Carmen B. Pingree ofrece intervención de última generación para niños y adolescentes con autismo desde preescolar hasta duodécimo grado. Esto incluye la integración de los niños en clases "estándar". A través de un contrato con la Universidad de Utah, el programa participa activamente en proyectos de investigación para mejorar y comprender el tratamiento del autismo y ha recibido reconocimiento nacional por su trabajo.
Salt Lake City: 888-949-4864
Summit: 435-649-8347
Toolele: 435-843-3520

Centro para el cambio
Center for Change es un lugar de esperanza y curación que está comprometido a ayudar a mujeres adultas y niñas adolescentes a liberarse y recuperarse completamente de sus
trastornos de la alimentación.
1790 N State Street
Orem, Utah 84057
(888) 840-8329

Centro Juvenil Copper Hills
Copper Hills Youth Center es un centro de tratamiento residencial terapéutico que se especializa en trabajar con adolescentes de 12 a 17 años con trastornos conductuales, emocionales y de salud mental. También brindamos una excelente educación.
5899 WEST RIVENDELL DRIVE
West Jordan , UT 84081
TELÉFONO: (800) 776-7116
FAX: (801) 214-2931

Índice A-Z de recursos comunitarios de Salt Lake Country

http://slco.org/az.aspx

Servicios de salud conductual
Servicios de prevención/abuso de sustancias
2001 Calle Estatal Sur S2-300
Salt Lake City, Utah 84190-3050
385 468-4707
Horario: 8:00 am - 5:00 pm
http://slco.org/behavioral-health/community/prevention-services/

Servicios para jóvenes
Abuso de sustancias/cuidado en refugios/negligencia/consejería
177 Avenida West Price (3610 S)
Salt Lake City, Utah 84115
Teléfono: 385-468-4500
http://slco.org/youth/programs/substance-abuse/

Salud
http://slco.org/slcohealth/SERVICES/clinicalSvsWomensChildrensHealth/

Servicios de tratamiento/abuso de sustancias
http://slco.org/criminalJustice/Treatment/TreatmentServices.html

Departamento de salud
Llame al 385-468-7468 para programar una cita de vacunación
Llame al 385-468-4111 para programar una vacuna de VIAJE.
Ellis R. Shipp
(385)468-3700
4535 South 5600 West
West Valley, UT 84120
http://slco.org/slcohealth/html/clinicLocations.html

*Más servicios se encuentran en el sitio web en la parte superior de esta columna.

The following facilities specialize in treating school disruption:

Acute Children's Extended Services – 195 West 7200 South, Midvale, UT 84047 – # 888-949-4864
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Children's Outpatient Services East – 1141 East 3900 South, Suite A170, Salt Lake City, UT 84124 – # 888-949-4864
Children's Outpatient Services West – 3809 West 6200 South, Salt Lake City, UT 84129 – # 888-949-4864
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Beacon Heights Elementary – 1850 South 2500 East, Salt Lake City, UT, 84108 – # 801-270-6507
Robert Frost Elementary – 3444 West 4400 South, West Valley City, UT, 84119 – # 801-270-6507

James Mason Academy

Depresión, ansiedad, trauma, autolesión, ideación suicida, psicosis leve, autismo de alto funcionamiento, trastornos alimentarios (trastorno previo a la alimentación), trastornos de conducta y comportamiento (no depredadores), adicciones (sustancias, juegos, pornografía, etc.) , PTSD, trastorno bipolar, TDAH, trastorno de oposición desafiante, rasgos límite
986 W. Atherton Dr.
Suite 270
Salt Lake City, UT 84123
Phone: 801-693-1192
Email: info@jmcrecovery.com

Programa de tratamiento diurno Kidstar University of Utah

Kidstar es un programa de tratamiento diario para niños de 5 a 12 años que ayuda a aclarar el diagnóstico de niños con desafíos emocionales y de comportamiento. El equipo de tratamiento incluye psiquiatras infantiles y adolescentes certificados, psicólogos, trabajadores sociales, terapeutas expresivos y un especialista en educación. Juntos crean un plan de tratamiento individualizado para cada niño. Edades 5 a 12
801-587-3224

Tratamiento conductual de nuevos comienzos

La filosofía de New Beginnings es un enfoque multifacético y colaborativo basado en la Terapia Cognitivo Conductual. Utilizando métodos verdaderamente centrados en el cliente, las intervenciones y tratamientos se adaptan para centrarse en patrones de pensamiento que son desadaptativos y en las creencias que socavan dicho pensamiento. Nuestro proceso de tratamiento tiene dos partes: (1) ayudar a nuestros clientes a realizar un verdadero cambio interno mediante la exploración y curación de cicatrices emocionales, mientras (2) ayudar a nuestros clientes a extinguir y reemplazar comportamientos abiertos a través de modificaciones externas, lo que resulta en una experiencia emocional correctiva general.
5500 Bagley Park Road, Building J
West Jordan, Utah 84081
Call Mr. Cedric Pittman
(801) 754-4155

Primary Children's Wasatch Canyons Behavioral Health

Nuestra unidad psiquiátrica para pacientes hospitalizados en Wasatch Canyons está ubicada a unos 20 minutos al suroeste de nuestro hospital principal. Esta unidad de 20 camas brinda atención las 24 horas para niños y adolescentes de 5 a 18 años con depresión, ansiedad, trastorno bipolar, manejo de la ira y otros problemas psiquiátricos y de comportamiento.

5770S 1500W
Salt Lake City, Utah 84123
801-313-7770

Star Guides Wilderness

STAR Guides es un programa terapéutico al aire libre diseñado para jóvenes y adultos jóvenes que luchan con conductas sexuales problemáticas. STAR Guides ofrece a las familias orientación a través de estos desafíos.
Guías Estelares Desierto
Pleasant Grove, Utah 84062

Llame al Dr. Daniel Sanderson
(866) 369-8591

West Ridge Academy

West Ridge Academy, anteriormente Utah Boys Ranch, comenzó en 1964. Ubicada en West Jordan, Utah, nuestra organización rápidamente fue reconocida por los efectos positivos que tuvo su programa en hombres y mujeres jóvenes que tenían dificultades académicas, emocionales y sociales.

5500 W. Parque Bagley
West Jordan, Utah 84081
(801) 669-9115

VALLEY BEHAVIORAL HEALTH- DAY TREATMENT

Salt Lake City: 888-949-4864
Summit: 435-649-8347
Tooele: 435-843-3520

ACES (Servicios extendidos para niños agudos)

ACES es un servicio de tratamiento extraescolar para niños de 5 a 12 años con graves problemas emocionales y de conducta. Enseñamos habilidades sociales y de manejo de crisis a través de actividades recreativas y comunitarias, así como monitoreo del comportamiento en el hogar y la escuela.

ARTEC (Centros Residenciales de Tratamiento y Educación para Adolescentes)

Estos centros brindan un entorno estructurado de tratamiento diurno para adolescentes que requieren apoyo adicional para tener éxito en la comunidad. ARTEC se enfoca en el desarrollo de habilidades, brindando tratamiento individual, familiar y grupal.

DBT (Terapia Dialéctica Conductual)

El tratamiento diurno DBT se brinda a un total de 16 adolescentes de 12 a 17 años bajo la custodia del Departamento de Servicios para Niños y Familias (DCFS), la División de Servicios de Justicia Juvenil (DJJS) o bajo custodia de los padres. Los niños admitidos pueden exhibir relaciones interpersonales intensas e inestables, esfuerzos frenéticos para evitar el abandono real o imaginario, impulsividad potencialmente autolesiva, comportamiento suicida o parasuicida recurrente, inestabilidad afectiva, sentimientos crónicos de vacío, ira intensa o incontrolable inapropiada. e ideación paranoica transitoria relacionada con el estrés o síntomas disociativos graves.

KIDS (Servicios diurnos intensivos para niños)

KIDS es un programa diurno intensivo a corto plazo para jóvenes de 5 a 17 años, con serios desafíos emocionales y de comportamiento, con un enfoque en mantener a los niños en la comunidad de sus familias. Nuestro objetivo es evitar internaciones de salud mental más restrictivas y/o ayudar a los jóvenes a abandonar entornos más restrictivos.

CBTU (Unidad de Terapia Conductual Infantil) – Servicios basados en la escuela
CBTU ofrece programas comunitarios de tratamiento diurno de salud mental en asociación con distritos escolares locales. Los programas se ofrecen en los distritos escolares de Salt Lake y Granite y están dirigidos a niños y jóvenes que requieren entornos académicos terapéuticos altamente estructurados.