



With Greatitude

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A MESSAGE FROM OUR CEO & BOARD PRESIDENT



Dear Friends,

It is our honor to present the Center for Community Solutions 2022 Annual Impact Report, which highlights our activities and programs for the past fiscal year from July 1, 2021 to June 30, 2022.

Our successes would not be possible without the generosity and commitment of so many. Thank you!

This year is a time of great reflection, gratitude, and optimism. From our humble beginnings in 1969, through a global pandemic, and now with an exciting next step of an incoming CEO starting in February 2023, CCS thrives through its journeys thanks to strong support from stakeholders like you.

CCS works each day to support survivors and prevent assault, and our success is steeped in strong leadership, commitment to our mission, and countless numbers of supporters at our side.

Together we make a difference, and CCS is now a regional leader in the intervention and prevention of relationship violence and sexual assault.

CCS programs address a health crisis that causes unspeakable harm to hundreds of people every minute in the U.S. alone. We are here to help on some of the darkest days of a survivor's life, and we are equally dedicated to prevention efforts, especially among youth and young adults, to stop violence from happening in the first place.

We thank you for your support and ask you for your continued partnership to ensure our life-saving services continue to bring hope and healing to thousands every year.

Sincerely,

Verna Griffin-Tabor, CEO Tracy Skaddan, Board President

INTRODUCING CORI AUSTIN

On behalf of the Board of Directors, we are delighted to name Cori Austin

as the incoming CEO of Center for Community Solutions, effective February 1, 2023.

A tireless leader in preventing and ending relationship violence, Cori has more than 20 years of professional expertise in our work. Twelve of those years "The CCS Board is thrilled that Cori will take the helm and have full confidence in her ability to lead, ensure stability, and take CCS to new heights. Her commitment to the mission and survivors is inspiring."

Tracy Skaddan, Board President

have been with CCS, where she currently works shoulder-to-shoulder with CCS leadership and staff as our Chief Operating Officer.

After a thorough and open CEO search process, Cori was affirmed as the clear choice to lead CCS and champion our mission.



I am honored and thrilled to be chosen as the next leader of CCS and to build upon the already strong foundation of this life-changing organization. I look forward to continued partnership with CCS' talented staff and dedicated board to focus on the important mission of ending relationship and sexual violence. 22

A Few Highlights of What Cori Brings to CCS:

- Visionary leadership
- Demonstrated passion and commitment to survivors
- Established connections to key funders & stakeholders
- Authentic commitment to diversity, equity, and inclusion
- Advocate for underrepresented and diverse communities

"Cori Austin is a passionate and dedicated leader who cares deeply about our mission to end relationship and sexual violence. I cannot think of a better person to serve as CEO, and I have complete faith that she will lead CCS into the next chapter with grace and strength."

Verna Griffin-Tabor, CEO

Mission

Our mission is to end relationship and sexual violence by being a catalyst for caring communities and social justice.

We support survivors and prevent assault

- All services are free
- 24/7 confidential crisis hotline:
 - 1-888-385-4657
- Four domestic violence shelter programs
- One of the largest Rape Crisis Centers in CA
- Child abuse treatment
- Legal team offering trauma-informed services
- Individual and group counseling
- Safety planning & referrals to services
- Prevention education and outreach



With Gratitude - A Message from Verna "Vee" Griffin-Tabor

Thank you to the courageous survivors who I have had the opportunity to serve and to the many supporters and staff who have been by my side for nearly 25 years. It is that commitment, integrity, and heart that has allowed me to do this work over the years. I sincerely hope you will join me and my family in support of CCS to ensure that those who have been harmed will continue to receive the services they deserve. Together, we can also support critical CCS prevention work to spare countless others from enduring this type of trauma.

Please join Vee's Giving Circle and be part of my ongoing commitment to making CCS a life-changing resource for survivors and our community.

Join through a donation or pledge today!

Vee's Giving Circle

Be part of a transformative change with a gift that will help CCS for many years to come! Stable, private support rounds out grants and contracts and would make CCS even more responsive, visionary, and impactful. Vee has had a longtime vision to create a giving circle that would allow CCS to focus our energy on programs that save lives and to ensure uninterrupted service delivery.

Ways to Join Vee's Giving Circle

Make a multi-year pledge and schedule donations monthly or annually

Donate stocks, bonds, or mutual shares Make a one-time gift

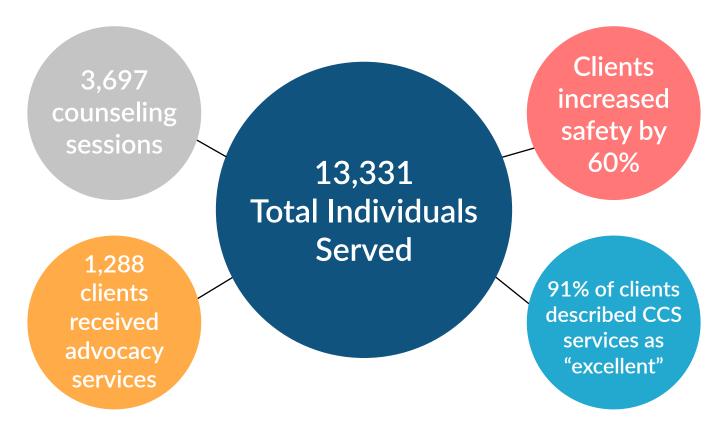
How do I start?

- Visit the Vee's Giving Circle page at ccssd.org to get more information, donate immediately, or make a pledge.
- Ready to contribute a gift by check right away? Please make checks out to Center for Community Solutions and write *Vee's Giving Circle* on the memo line.
 Please mail to the CCS address on the back of this annual report.

We also welcome the opportunity to answer any questions in person, by phone, or email. Please contact our Chief Development Officer, Suzie Colby at scolby@ccssd.org or 858-693-2378.

Leaders in our field

Intimate partner violence, sexual assault & stalking



A Step in the Journey to Healing

When survivors receive support through more than one of our services, their path to safety and stability is more successful. Last year a survivor, *Molly (name changed)*, contacted CCS for support. She and her two daughters were being abused by her husband. She knew she needed help to put her family on a better path. Molly and her two daughters stayed at our emergency shelter and began counseling to start the healing process.

Molly received support and advice from our legal team, and our advocates accompanied her to the courthouse during legal proceedings, providing moral support. Through our Housing First program, Molly was able to find an apartment of her own. Today, she and her daughters are in a stable housing situation, away from their abuser, and they continue to see our counselors regularly.



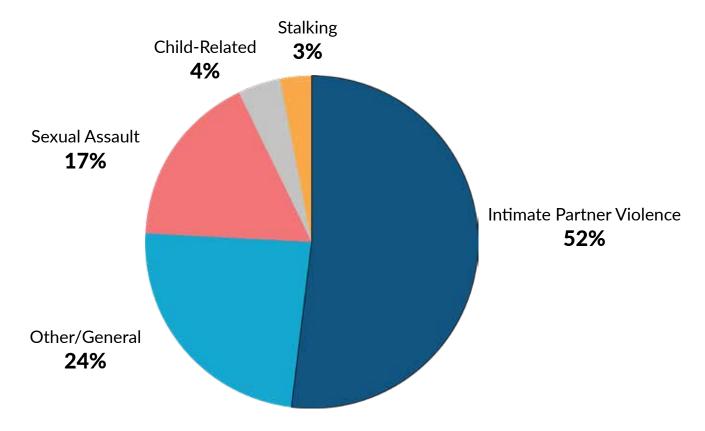


Center for Community Solutions operates the largest 24-hour countywide crisis line for crisis intervention and information referrals related to domestic violence, sexual assault, and stalking in San Diego.

Our hotline counselors provide trauma-informed safety planning and emotional support, expert navigation of county resources, and connection to supportive services. All hotline services are free and confidential.

5,888 total calls
52% for intimate partner violence

1,131 hours of hotline call support





Shelter Services are provided through our two emergency shelters and two longer-term shelter programs confidentially located in San Diego County. Shelters provide safe housing for adults and children escaping violence. All residents may choose to access a spectrum of services.

"The shelter team made me feel cared for and safe. They reassured me on a daily basis & I am so incredibly grateful for all of the support they provided me during my stay & continue to provide me." — CCS Client





The daughter of our shelter client, a 5-year-old girl, dug through the toy chest in our kids' room and discovered a stuffed dog. She asked, "Can I please take this to snuggle with tonight when I sleep?" The advocate smiled and agreed. It turns out the little girl had a favorite stuffed animal that she slept with each night, and was sadly left behind when the family fled home to escape their abuser. The girl was in a new place and missing her favorite toy. The advocate told the family that the stuffed dog was hers to keep forever. The girl beamed with delight. Both mother and her daughter were overjoyed that she now had a soft new friend to snuggle with again each night, providing comfort and familiarity.

205 adults & children received 11,194 nights of safety



Our Legal Team offers trauma-informed, no-cost, holistic, wrap-around services to survivors of sexual assault, intimate partner violence, and stalking. Services are free and confidential.



Survivor Finds Closure After Years of Abuse

When Jessica (name changed) came to CCS in 2018, she felt completely defeated after enduring years of intimate partner violence. Her husband controlled and isolated her, and Jessica never spoke to anyone about her trauma. From the first day of working with our Legal Team at CCS, she said she felt safe enough to share her story. Our legal advocates worked with Jessica over the course of three years, supporting her through a restraining order, a divorce, and financial battles. This past year, after receiving legal advice and guidance from CCS staff attorneys and advocates, Jessica was granted the money she was owed by her ex-husband. She finally had the financial freedom to put the past behind her and begin a new path to safety and stability. She cried on the phone with our CCS Legal Advocates, saying she could now find some closure. She said it wasn't the money that made her emotional. It was the proof that her abuser's actions were wrong. The consequences. The accountability. Today Jessica has her own apartment, a full-time job and is living a life free from violence.

487
survivors
assisted
with legal
remedies

99%
of temporary
restraining
order requests
granted



Our Clinical Services Department is comprised of licensed and pre-licensed therapists who provide individual, group, family, and child counseling using trauma-informed approaches. We offer therapy to survivors of recent intimate partner violence and/or sexual assault. The counseling team works with individuals of all ages, genders and sexual orientations.

449 adults & children received 3,697 counseling sessions

"My therapist was so wonderful and professional! I really appreciate her guidance, coaching, mentoring as well as healing. Without her, I don't think I could go this far to receive the peace and safety as I do now. The kids and I appreciate her so much!" — CCS Client

Spanish Support Groups Reopen

Our therapists are serving more Spanish-speaking clients. In FY2022, we reopened our Spanish support groups, giving Spanish-speaking survivors a more comfortable place to share. This group provides education about the body and the brain's response to trauma, as well as practical coping strategies. A Spanish-speaking survivor who received both individual and group counseling reported that she felt better able to explore how her cultural background played into the dynamics of her violent relationship. She also reported feeling more comfortable sharing details of her relationship with her therapist who was also a native Spanish speaker. Bilingual therapists report that bilingual clients often express deeper emotions in their first language, even when they are able to communicate in multiple languages.





Our Sexual Assault Services (SAS) are divided into three areas: Sexual Assault Response Team (SART), Justice Advocacy, and Campus Advocacy Services. One of the largest Rape Crisis Centers in California, CCS covers the majority of San Diego County, assisting walk-ins, referrals, and emergency room victims.

"I moved to my own place. I'm continuing to make progress in therapy.

My PTSD triggers are clearing! I decided to go back to work and spoke my

truth. I can't thank you enough for all you do." — SAS Client



Sexual Assault Response Team

Our Sexual Assault Response Team meets survivors in-person or over the phone to provide confidential emotional support during medical forensic exams and help the victim make informed decisions.

> 486 clients 306 forensic exams



Justice Advocacy

Justice Advocates provide crisis intervention, counseling, information about the criminal justice process, accompaniment to prosecution-related events, assistance with resources, and referrals to other programs.

Dramatic increase in survivor understanding of criminal justice system



Campus Advocacy

Campus Advocacy Services provide sexual assault and intimate partner violence information, prevention outreach, survivor accompaniment, and education/training for college students, faculty, and staff.

Find us on the San Diego State University campus



CCS Prevention programs use education to break the cycle of violence and prevent harm before it happens. Our programs strive to empower participants with the skills and tools they need to prevent violence in their relationships and communities.

6,002 individuals participated in 359 trainings

Youth Leadership & Adult Action Teams in City Heights



New Youth-Led Podcast Series to Promote Healthy Relationships & Prevent Violence

CCS recently received grant funding for an exciting new prevention project. The Prevention Education and Advocacy team is developing a sexual violence prevention podcast and video episodic series that is community-centered and led by members of a volunteer youth team. The podcast will amplify youth voices in the Mid-City region of San Diego County, a diverse and under-resourced community. This new podcast will promote community connectedness, individual empowerment, the dissemination of knowledge around sexual violence prevention, and healthy family relationships – all protective factors against sexual assault. By empowering this community and educating its youth, we will prevent harm and foster a culture of non-violence.



Volunteer roles range from counseling trainees, sexual assault and housing advocates, attorneys, outreach and prevention volunteers to support community events and more. Additionally, CCS is supported by the Board of Directors, Advisory Board, Hidden Valley House and Project Safehouse Auxiliaries.

Dedicated Volunteers Support CCS Every Day









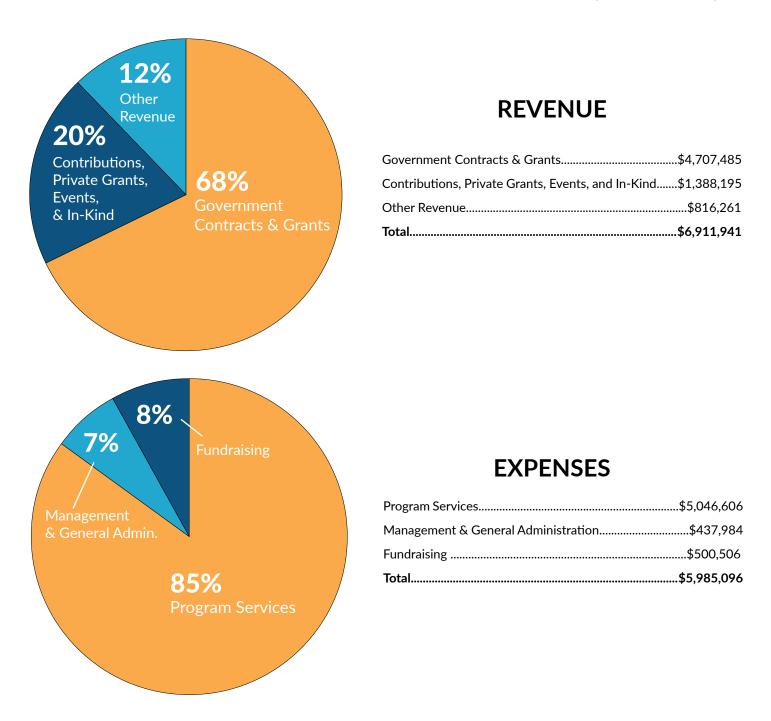
Response With a Heart

Our dedicated volunteer Roni Gasparro was recently honored with the "Response with a Heart" award at the county-wide Sexual Assault Response Team annual event. Roni is a pivotal link in CCS' Sexual Assault Response Team chain, taking calls from nurses to dispatch our volunteer advocates and staff responders to hospitals so they can support sexual assault survivors during their forensic exams. Roni volunteers 5 days a week. We are incredibly grateful for Roni and the critical role she plays on our Sexual Assault Response Team.



2022 Financial Snapshot

Our financial health includes a commitment to diversified funding streams, strategic growth of philanthropic support, and responsive use of funds for crucial community needs. CCS has a stable financial history that has allowed us to continue critical survivor services through every challenge.



The information above is based on unaudited financials available at the time of printing for the period of July 1, 2021 to June 30, 2022. Copies of our audited financials and 990s will be available for viewing and download from our website at ccssd.org and additional details will also available on our Guidestar/Candid profile.

Thank You for Your Support

We are grateful to the many individuals, businesses, corporations, foundations, and organizations who make our work possible. Major supporters who contributed to our mission from July 1, 2021 to June 30, 2022 are highlighted below and a complete donor list is available on our website at ccssd.org.

\$50,000+

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California Department of Public Health California Office of Emergency Services

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Join Our Mission! Support Survivors.

There are many ways you can help advance our mission to end relationship violence and sexual assault. You can be there for San Diegans of all ages who are tragically impacted by unspeakable violence, and help change the trajectory of a survivor's path to hope and healing.

Here's how you can support survivors.

- Make a financial or in-kind contribution
- Honor CCS with a legacy gift
- Sponsor or attend our special events, like our annual Tea & Tonic
- Schedule an education program or workshop for your organization
- Host a beneficiary event that raises funds and awareness
- Recommend us for a grant or corporate gift
- Volunteer your time

Every dollar makes a difference.

